

Northeast Today



NMSU

Monday, July 30, 1984

HAPPENINGS

WEDNESDAY, August 1

Dusk "Cat Ballou," free SAB movie at Red Barn Park (in Baldwin Hall in case of rain)

SUMMER RECREATION SCHEDULES for this week are listed below. Volleyball teams compete in the women's gym in Pershing Building, and softball teams play on the softball field behind Stokes Stadium.

SOFTBALL

Monday

5:30 p.m. Stooges III vs. Brew Crew II
6:30 p.m. Fubars vs. Free Agents
7:30 p.m. Vandals vs. Bombers

Wednesday

5:30 p.m. Duck I vs. Thunder Hawks
6:30 p.m. Aztecs vs. Brew Crew II
7:30 p.m. Skidrow vs. Stooges III

VOLLEYBALL

Tuesday

5:30 p.m. V-Ball 3 vs. Rockets I
6:30 p.m. Dear Hearts vs. Jammerz

Thursday

5:30 p.m. The Slammer vs. The Hawks
6:30 p.m. Duck II vs. Rockets I

A RECEPTION FOR EMIL GREEN, Education, will be held from 2 to 3:30 p.m. Thursday in the Alumni Room of the Student Union Building. Green, assistant professor of education, is retiring this summer after 17 years of service to the University. Faculty, staff and friends are invited to the reception.

NORTHEAST NOTES

Jim Barnes, Language and Literature, has had his poem, "Toy Soldiers," accepted for publication in the fall issue of "Agni Review," a literary magazine based in Cambridge, Mass.

Elsie Simms, Nursing, was the co-author of the chapter "Reorganization of Health Service Delivery: Emerging Systems" in the new book "DRG's: The Reorganization of Health" edited by L. Curtin. The book was published in March.

"Northeast Today" is a newsletter published by the Public Relations Office each Monday. The deadline to submit information about events of campuswide interest is 5 p.m. the Wednesday before publication. To ensure accuracy, articles should be submitted to the **Public Relations Office** on forms available at **202 Administration/Humanities Building**.

Kirksville Bike Club

Serious cyclists go the distance

"You kind of earn the experience. The landscape surrounds you, and there's nothing between it and your senses," John Settlege, professor of science, said about cycling around the countryside.

Settlege, an avid cyclist for five years, enjoys much of his riding experience with members of a local cycling group—the Kirksville Bike Club.

Consisting of about 30 members, the club travels the roads of Kirksville and beyond twice a week. Tuesday evenings the club encourages members of the community to join them by taking shorter rides around the Kirksville area.

Kathy Milburn, publicity chairman of the club, said, "The (Tuesday) rides are designed more for the people just starting out. We take our time; go a shorter distance. It's more for the family; we have a lot more kids."

Sunday rides are reserved for the more serious cyclist. Every Sunday morning, members of the group don their helmets, pack lunches of high-energy snacks and bottles of water, and mount their 10-speeds for a 50-mile journey, usually to a nearby town and back.

Settlege emphasized the importance of going prepared. "Bicycling is one of those sports where you need a constant supply of energy. I pack a couple of small baked potatoes to snack on along the way when I get to feeling run down," he said.

On Sunday rides, a van, referred to as a "sagwagon," accompanies the riders, providing those tending to "sag" behind with a chance to refuel and relax.

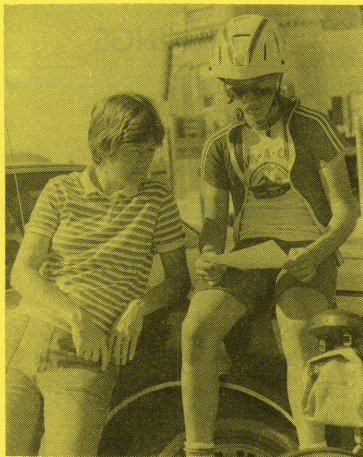
Multiply a typical Sunday ride for the club by 10, and you get the 12th annual Ragbrai Ride, a week-long, 500-mile journey across Iowa, from Glenwood to Burlington. Settlege, and a small group from the club, joined thousands of other cyclists last week in what's come to be recognized as an international cycling event.

"It's really a party across southern Iowa," Settlege said, before he left for the trip. "We'll be camping in the communities, and each sets up a campground. The towns provide great entertainment and food throughout the week."

Members of the club will again be cycling long distances in September. Designated as century month by the League of American Wheelmen, the club will map out century rides—rides covering 100 miles.

Settlege hoped that returning student members would participate again in the fall. Before students left for summer break in May, they made up about a third of the membership, Settlege said. The club was formed in April.

To join the club, members must pay \$2 dues. Protective biking gear is recommended but not required. Milburn encourages anyone interested in cycling to join the club for one of their rides. Tuesday rides depart at 6 p.m. from the Adair County Courthouse. Sunday rides also depart from the courthouse, but the time of departure varies. For more information, contact Kathy Milburn at 665-0264.



GEARING UP—Clad in helmet and racing shorts, Seth Smith, 14-year-old member of the Kirksville Bike Club, studies the route of a 70-mile ride before mounting up. His mother, Jane, also a member, looks on.